# KNOW THE FACTS: SERIES I

Navy Policy on Prescription Drugs

**PRESCRIPTION FOR DISCHARGE**

Zero Tolerance. Infinite Risk.

*This document is confidential and is intended solely for the use and information of the party to whom it is addressed.*

# Policy *Defined*

Navy members shall never wrongfully possess, distribute or abuse drugs, be in possession of drug abuse paraphernalia, or be under the unauthorized influence of prescribed drugs. Members shall report all prescription medications received from non-military Medical Treatment Facilities (MTFs) to their chain of command and ensure they are entered into their military health record.

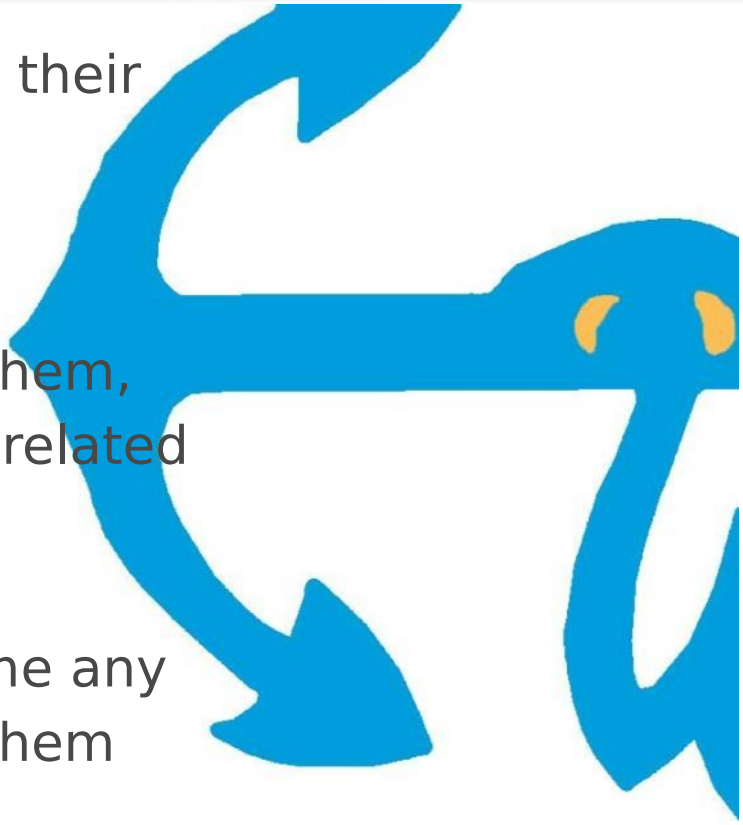
# Policy *Explained*

- Sailors are **never** allowed to **share** their prescription medications

- Sailors are never allowed to posses drugs that were not prescribed to them, or prescription or illicit drug abuse-related materials

- Sailors are never allowed to consume any drugs that were not prescribed to them

- All medications must be reported to your command and Navy Medical promptly after they have been prescribed by your doctor to ensure they’re included in your medical records



# These rules apply to everyone.

**No One is exempt.** Sailors of all rank are required to report their prescriptions to Navy Medical and their commands.

# Policy *Explained*

- All Sailors must follow the Navy policy on drug abuse, even when stationed abroad

- The Navy defines prescription drug abuse as using a prescription medication in a way other than prescribed (e.g., too much or too frequently), or taking a prescription drug that
  was not prescribed to you

- Failure to follow
  Navy protocol for
  drug use will result
  in disciplinary action and
  potential for administrative separation

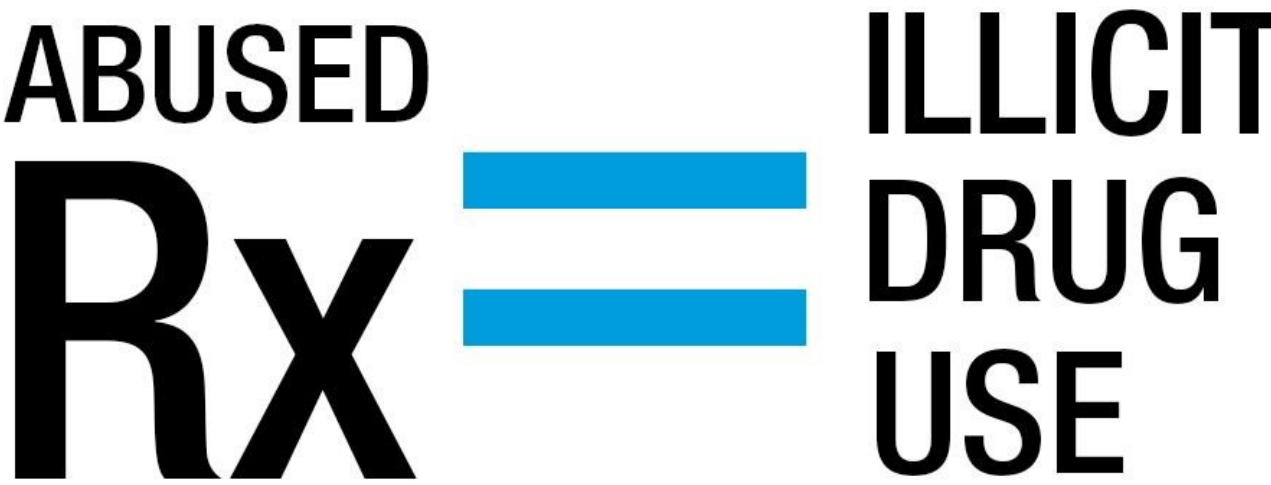
# Policy *Defined*

Members who self-report as positive for prescription drugs as a result of a legitimate prescription medication may be retained on active duty, provided commands submit a request to OPNAV (N170) that explains why the positive urinalysis is not a drug abuse incident.

# Policy *Explained*

- Sailors who properly report their prescriptions to Navy Medical and their command will not be subject to disciplinary action if they test “positive” for that prescription drug

- Anyone who tests “positive” for a drug they are not prescribed may face administrative separation per the Navy’s zero tolerance policy

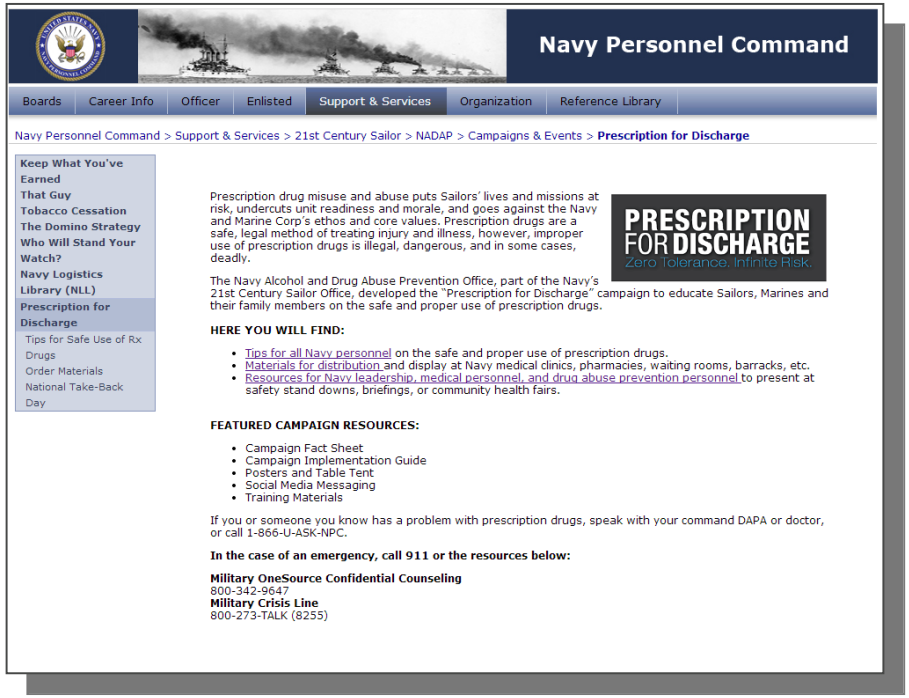


# Series I: Review

- Sailors should never possess or consume any prescription drugs that were not prescribed to them
- Sailors should never share their prescription medications with other Sailors or friends
- All prescriptions should be promptly reported to your command in order to avoid conflict if random drug testing should occur
- Any failure to comply with these policies may result in administrative separation from the Navy

# Prescription for Discharge Website

- You can visit www.nadap.navy.mil to learn more about the Prescription for Discharge campaign
- On the site you can visit the following pages to learn more and download campaign materials:
  - Tips for safe Rx Use
  - Order Materials
  - National Take-Back Day
- **In the case of an emergency, call 911 or the resources below:**
  - **Military OneSource Confidential Counseling**
    800-342-9647
  - **Military Crisis Line**
    800-273-TALK (8255)


Navy Personnel Command
Boards
Career Info
Officer
Enlisted
Support & Services
Organization
Reference Library
Navy Personnel Command > Support & Services > 21st Century Sailor > NADAP > Campaigns & Events > Prescription for Discharge
Keep What You've Earned
That Guy
Tobacco Cessation
The Domino Strategy
Who Will Stand Your Watch?
Navy Logistics Library (NLL)
Prescription for Discharge
Tips for Safe Use of Rx Drugs
Order Materials
National Take-Back Day
Prescription drug misuse and abuse puts Sailors' lives and missions at risk, undercuts unit readiness and morale, and goes against the Navy and Marine Corp's ethos and core values. Prescription drugs are a safe, legal method of treating injury and illness, however, improper use of prescription drugs is illegal, dangerous, and in some cases, deadly.
PRESCRIPTION FOR DISCHARGE
Zero Tolerance. Infinite Risk.
The Navy Alcohol and Drug Abuse Prevention Office, part of the Navy's 21st Century Sailor Office, developed the "Prescription for Discharge" campaign to educate Sailors, Marines and their family members on the safe and proper use of prescription drugs.
HERE YOU WILL FIND:
Tips for all Navy personnel on the safe and proper use of prescription drugs.
Materials for distribution and display at Navy medical clinics, pharmacies, waiting rooms, barracks, etc.
Resources for Navy leadership, medical personnel, and drug abuse prevention personnel to present at safety stand downs, briefings, or community health fairs.
FEATURED CAMPAIGN RESOURCES:
Campaign Fact Sheet
Campaign Implementation Guide
Posters and Table Tent
Social Media Messaging
Training Materials
If you or someone you know has a problem with prescription drugs, speak with your command DAPA or doctor, or call 1-866-U-ASK-NPC.
In the case of an emergency, call 911 or the resources below:
Military OneSource Confidential Counseling
800-342-9647
Military Crisis Line
800-273-TALK (8255)